

**COUNTY OF LOS ANGELES—DEPARTMENT OF MENTAL HEALTH
PSYCHOLOGICAL SERVICES DEVELOPMENT COMMITTEE**

**2013 PSYCHOLOGIST OF THE YEAR & RISING STAR IN CLINICAL PSYCHOLOGY
AWARDS VOTING BALLOT**

Psychologist of the Year Award 2013

The Psychologist of the Year Award recognizes distinguished, sustained service in the practice of psychology as an employee of the County of Los Angeles. The Psychologist of the Year Award winner will be a professional who advances the County's recognition that psychologists provide a valuable and integral service to our communities, the clients that we serve, and our coworkers in various professions. Contributions can also be judged or distinguished by virtue of peer recognition, advancement of the public's recognition of psychology as a profession, other meritorious accomplishments denoting excellence as a psychologist, significant contribution in the areas of the training and/or teaching of colleagues, and distinguished contribution to the public welfare as a psychologist.

Rising Star in Clinical Psychology

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The Rising Star in Clinical Psychology Award recognizes distinguished service in the practice of psychology as an employee of the County of Los Angeles. The Rising Star in Clinical Psychology Award winner will be an early career professional who has been employed with the County for five years or less, and who advances the County's recognition that psychologists provide a valuable and integral service to our communities, the clients that we serve, and our coworkers in various professions. Contributions can also be judged or distinguished by virtue of peer recognition, advancement of the public's recognition of psychology as a profession, other meritorious accomplishments denoting excellence as a psychologist, significant contribution in the areas of the training and/or teaching of colleagues, and distinguished contribution to the public welfare as a psychologist.

Scroll Down for Ballots for Both Awards

2013 NOMINEES FOR PSYCHOLOGIST OF THE YEAR

Place an X next to your vote. Please vote for **one** of the following:

- _____ **Alvaro Campos, Ph.D.**
- _____ **Dr. Christine Rundall**
- _____ **Dr. Michael Tredinnick**
- _____ **Nazo Wahab, PsyD**

2013 NOMINEES FOR RISING STAR IN CLINICAL PSYCHOLOGY

Place an X next to your vote. Please vote for **one** of the following:

- _____ **Li-Ting Chao, Ph.D.**
- _____ **Matthew Jorgensen, Ph.D.**
- _____ **Stephanie Keyes, Psy.D.**
- _____ **Christine Sie, Psy.D.**
- _____ **Francisco Tan, Ph.D.**

Please **submit your ballot by February 14, 2014 to:**

******Dr. Eileen Maronde emaronde@dmh.lacounty.gov**

Please Enter: PSYCHOLOGIST OF THE YEAR/RISING STAR in SUBJECT LINE

SCROLL DOWN FOR NOMINEES' BACKGROUND, CONTRIBUTIONS, BIOGRAPHICAL STATEMENTS

Psychologist of the Year Award Nominee: Alvaro Campos, Ph.D.

Nominee's Current Position, Program, & Dept.: Supervising psychologist

Nomination Submitted by: Desmond B. Chiong, M.D.

Your Phone Number: 323 478 8200

Summary of the nominee's qualifications, contributions and unique qualities:

Dr. Campos has worked extremely hard in the Northeast mental health clinic for the last several years supervising and training the new and existing social workers and case workers.

He has helped tremendously the last clinic manager Ms. Laura Span in implementing new clinic policy, and has been instrumental in initiating the new direction the clinic has taken, in becoming more efficient in providing services to the clients.

He has served for the last several years very effectively in being responsible for the safety and accident prevention of the staff in the clinic.

Much of the success achieved during the tenure of clinic manager Ms. Laura Span was aided tremendously by Dr. Campos without whose effort the success would not have been possible.

Because of what Dr. Campos has done, the work by the present acting manager of the clinic Anthony Alvarado is made a lot more easy and the transition a lot more smooth.

I like to recommend Dr. Alvaro Campos for the Psychologist award for his dedication to the work and to the clients, and for his positive effect he has on the staff he has worked with and trained, and for keeping the work in the clinic efficient and running smooth. Most of all he has, in my opinion, served the past clinic manager Ms. Laura Span well and the combined effort has indeed improved the level of care of the clients in the clinic.

I believe with my heart Dr. Campos is worthy of the award.

Psychologist of the Year Award Nominee: Dr. Christine Rundall

Nominee's Current Position, Program & Dept.:

Clinical Psychologist, Santa Clarita Valley MHC

Nomination Submitted by: Ramona Casupang, PSW II

Phone Number: 661-288-4804

Summarize the nominee's qualifications for the award:

Dr. Christine Rundall is exemplary in her practice of psychology and models an exceptional work ethic as to her time management, professional competence as well as noteworthy contribution to the advancement of her colleagues. Dr. Rundall provides much needed and highly-valued neuro-psych testing services that allow for more accurate diagnoses and hence more efficacious treatment. Along with neuro-psych testing, Dr. Rundall is ever-willing to consult with staff, patiently listening to gather information and providing generous and useful feedback. Alondra James, a colleague, says this of Dr. Rundall: "Christine will make suggestions, I try it, and it works." In weekly case conference staff will expectantly wait for input from Dr. Rundall with confidence that her input will be informative and insightful. Newer, less experienced staff, as well as seasoned staff turn to Dr. Rundall for assistance and support with challenging cases, Dr. Rundall facilitates group consult with staff regarding clients that attend her group for collaborative treatment planning. She is aware of and stays current on pertinent changes in her field. Dr. Rundall models integrity and high standards of her profession. She has impeccable work ethics. She exhibits awareness of the impact her demeanor has on the professional image of the clinic. She also models healthy self-care in an arena where this is too easily overlooked and negligence of it exacts too high a cost. Dr. Rundall is well liked by her colleagues which is a sure sign of great leadership, whether overt or in Dr. Rundall's case, subtle.

Summary of the contributions of this nominee: Dr. Rundall provides neuro- psych testing. She facilitates an evidence based practice CBT support group. Christine provides leadership through her professional deportment in the clinic. She shares generously her time to provide education, consultation and collaboration for the best possible client care.

What professional and personal qualities stand out most about the nominee?

[The nominator provided bulleted statements, which have been formatted to fit this form]:

Her genuine and consistent care for her clients; The way she practices psychology as an art; The connections she has with her peers; The professional yet warm manner that she behaves; Her stability and calmness; Her wisdom; Her intelligence; Her ability to communicate effectively; Her quiet strength.

Psychologist of the Year Award Nominee: Dr. Michael Tredinnick

Nominee's Current Position, Program & Dept.: Supervising Psychologist, ACCESS Center, Emergency Outreach Bureau

Nomination Submitted by: Julie Valdez

Phone Number: 562-565-6361

Summarize the nominee's qualifications for the award:

Dr. Michael Tredinnick came to the ACCESS Center in May 2012, bringing with him a broad based wealth of knowledge and expertise and continues to share that knowledge on a daily basis. He transitioned to LACDMH after 4 years as the Harbor Regional Center, Director for Children Services. Prior to that he spent a year as the Director of Service Enhancement, for Didi Hirsh, CMHC. In 2004-2007, he was the Division Director of Didi Hirsh's Quality Assurance and Training Division. In 2006, while employed by Didi Hirsh he began working with and providing training for the Santa Monica Police Department as a Crisis Debriefing, which he continues to do with time permitting, but always conscientious that his primary responsibilities remain with LACDMH and the ACCESS Center. Dr. Tredinnick leads the ACCESS Centers Community Resource Information Services (CRIS) unit that provides all resources to the ACCESS Call Center telephone agents. In addition, Dr. Tredinnick leads the team of "LA Warmline" nocturnal (2200-0630) talkline employees that receive all after hour calls from 3 warmlines, including Project Return, Community Help Line and Hotline of Southern California from the ACCESS Center in Norwalk. He continues to remain an adjunct faculty member in Pepperdine University Graduate Program.

Summarize the contributions of the nominee:

Dr. Tredinnick's contributions to LACDMH include establishing a very successful "LA Warmline" beginning in July 2012, two months following his start date with LACDMH ACCESS Center. The LA Warmline helps callers talk through their problems and not requiring the use of a mobile crisis response team where resources are very limited. Callers express great appreciation for having a Warmline available when most callers are having difficulty sleeping. The LA Warmline is a confidential telephone support service for anyone who is struggling with loneliness, anxiety, substance abuse or other mental health concerns or simply need mental health services. He has trained the small team of 4 Medical Case Workers who are working 7 nights a week to use the method of "Safe Talk" listening. The LA Warmline now receives over 800 to 1,000 calls a month and successfully maintaining a strong relationship with its partners including Didi Hirsh, Project Return, Community Helpline and Hotline of Southern California. To date the LA Warmline has received approximately 6,000 calls.

His other contribution to LACDMH includes being the Co-Chair of the Cultural Competency Committee from March 2013-September 2013 and wrote an article for the PIO eNews: "Family Therapy: a multicultural imperative?"

He is an active member of the Suicide Prevention Network, and transfer for "Recognizing and responding to Suicide risk." He will be co-sponsoring this training in November 2013 with our well respected Crisis Debriefing for LACDMH, Ms. Linda Boyd. He is an annual Presenter on Leadership to educators and members of the hospitality industry at the Prime Minister of Jamaica's request in Ocho Rios, in November 2012 and more recently in October 2013. Most importantly he has played a critical role with assisting with the ongoing transformation of the ACCESS Call Center and Quality Customer Service.

What professional and personal qualities stand out most about the nominee?

Dr. Tredinnick has a vast knowledge base and background that he is very humble about and most people who work in the ACCESS Center know very little about his background & experience. He speaks very little about his accomplishments, having contributed to over 25 peer reviewed articles many in the area of values and psychotherapy. He has also authored 2 text books in World Religions, while continuing to be an adjunct faculty member in Pepperdine University's Graduate program and a Crisis Debriefing for Santa Monica Police Department.

Dr. Tredinnick is always willing and available to trouble shoot mental health issues that come up frequently in the ACCESS Center or with our DMH psychologists he supervises and any employee regarding of their classification. He is dedicated to his profession and the success of others and more importantly to the success of the Dept. of Mental Health County wide services. His greatest accomplishment and greatest personal quality is the commitment he shows to his 9 y/o daughter. He has not lost sight with all his activities of the most important thing in his life is his family comes first. Dr. Tredinnick is our "Rising Star" in the ACCESS Center and helps us all to seek further reaching goals for Quality Customer Service.

Psychologist of the Year Award Nominee: Nazo Wahab, PsyD

Nominee's Current Position, Program, & Dept.: Psychologist II, Central Juvenile Hall-Mental Health Unit, Dept. Of Mental Health

Nomination Submitted by: Roy King, LCSW MHCS

Your Phone Number: 323 226-8806

Summary of the nominee's Qualifications for the Award:

Dr. Nazo Wahab received her PsyD from California School of Professional Psychology in 2003. She had a special interest and commitment in working with disadvantaged and high risk youth in the juvenile justice system. She sought employment and was hired by

the Dept of Mental Health in September 2007 at CJH-MHU. She has distinguished herself in all of her assignments at CJH-MHU, and particularly her two primary positions of Officer of the Day and primary clinician for the Developmental Disabilities Unit. Dr. Wahab was cited recently (4/9/13) in writing by Probation administrative staff for her vital role in the Multidisciplinary assessment (MDA) and Integrative Habilitative Treatment Plan (IHTP) process. Dr. Wahab as the consummate professional that she is, and with her expertise and training as a clinical psychologist, plays a particularly valuable and crucial role with all aspects of services to developmentally disabled clients. These include: Assessment and diagnosis; milieu therapy; individual psychotherapy; behavior management; multidisciplinary and interdisciplinary process; coordinated services, consultation and training; and advocacy. Dr. Wahab's contribution in all of these areas has been noteworthy, distinguished and crucial to the innovative program, services and treatment approach that have been developed and implemented at Central Juvenile Hall. She is recognized for her contribution and service by peers, mental health supervisory and program manager staff and perhaps, most importantly, the partner agencies at CJH including Probation, Health Services and LA County Office of Education. Dr. Wahab has brought recognition to herself and the position of psychologist in her meritorious efforts and performance in the role of clinical psychologist. It therefore gives me great pleasure to be able to nominate Nazo Wahab, PsyD for 'Psychologist of the Year'.

Summary of the contributions of the nominee

Nazo Wahab, PsyD, clinical psychologist II, is employed full-time by the Department of Mental Health at Central Juvenile Hall-Mental Health Unit. This Program operates under Juvenile Justice Mental Health Services. She is responsible for a variety of functions related to the mental health care of adolescents in a detention setting at Central Juvenile Hall. During the past approximately two years Dr. Wahab has been assigned to the Developmental Disabilities Unit that houses minors who are suspected of having or have a developmental disability. The Developmental Disabilities Program is a new innovative program that Dr. Wahab has been a crucial part of basically since its implementation. At any time at Central Juvenile Hall there are approximately 35-40 developmentally disabled clients identified who need or can benefit from specialized programs and services to meet their unique needs. Prior to the implementation of these services there was basically no identification of this population, no specialized services and treatment for them, and their needs were largely unrecognized or could be misdiagnosed. Dr. Wahab helped to create and develop a Unit milieu conducive to the therapeutic care and treatment of clients with significant developmental deficits including such areas as communication, social, emotional, cognitive and adaptive functioning. Dr. Wahab participates in multidisciplinary collaborative meetings with probation, LACOE and Health Services to develop Multidisciplinary Assessments (MDA) and Individual Habilitative Treatment Plans (IHTP) for her clients. She completed extensive training in the area of developmental disabilities including developmental delays and impairments. Dr. Wahab is LPS-designated and is able to complete 5150/5585 evaluations of clients needing a higher level of care and hospitalization.

Dr. Wahab carries a caseload of approximately fifteen clients who may be seen 1-2 times a week and as needed. She provides ongoing psychotherapy, crisis intervention and behavior management to her clients. She consistently exceeds Department standard as it relates to both the quantity and quality of her work. Dr. Wahab was an asset in her participation in training CJH-MHU staff on their role and function in working with developmentally disabled clients particularly with completing multidisciplinary assessments and developing IHTPs. Also, she provides vital consultation and training on the Unit primarily to probation staff working daily directly with the clients. Additionally, she lends an important perspective and role in the ongoing implementation of the developmental disabilities program and milieu on her Unit. Dr. Wahab exercises sound clinical judgment and decision-making when conceptualizing, diagnosing and providing treatment. She applies psychological principles and techniques in determining client care. Also, Dr. Wahab keeps informed and plays a vital role in philosophy, treatment approaches and methods and policies and procedures as they continue to evolve with respect to this population.

What are the personal and professional qualities that stand out most about the nominee?

Since her employment with Department of Mental Health in 2007 at CJH-MHU Dr. Wahab has shown a consistent and sustained effort and excellence wherever her abilities were utilized. Her motivation and achievement orientation are attributes which fuel her to maintain a high standard of amount of work performed while consistently producing an excellent quality of work which consistently exceeds Department standard. This was initially in evidence in her position as Officer of the Day (OD) where she established a model for responding quickly, effectively and efficiently to emergencies and crises, and providing an in-depth assessment, treatment and appropriate response to the situation. She set a standard for professionalism in that capacity where she also consulted with the various disciplines at CJH including probation, Health Services and LACOE. She apprised them of the situation, provided feedback and recommendations, and communicated alternative approaches and information about appropriateness of individual referrals. She acted as OD for approximately two years. Dr. Wahab is a highly dependable and reliable employee. She maintains a daily routine of being organized and accountable, provides services to her clients and gets things done in a timely and expeditious manner. She is very conscientious about completing her work and all aspects of her work. Dr. Wahab functions autonomously in her work, but values supervision and understands its necessity in providing psychotherapy and other

services at a very high level. She is very respectful and sensitive to her clients and never was this more in evidence than in her current position. Her developmentally disabled clients may be dual diagnosed with mental illness as well as often having a co-occurring disorder of substance abuse. In observing her at IHTPs she will go to great lengths to insure that clients are consenting to the sharing of their protected health information and are aware of the purpose of meetings and understand information shared in meetings. Dr. Wahab patiently and sensitively and with great caring for her clients makes certain that they are informed. Also, she provides feedback to her clients about their strengths, needs and obstacles in a positive and constructive manner. Additionally, she is an advocate for her clients in terms of seeing that their needs are addressed and hopefully met.

Nominees for Rising Star in Clinical Psychology

Award Nominee: Li-Ting Chao, Ph.D.

Nominee's Current Position, Program, & Dept.: Clinical Psychologist I, Long Beach Mental Health, Adult Services, LAC-DMH

Nomination Submitted by: Lee M. Gomberg, Ph.D.

Your Phone Number: 562-218-4040

Summary of the nominee's qualifications for the award:

Dr. Chao came to us in February 2012 having completed her final internship training at South Bay Mental Health, a directly-operated clinic in DMH. She came highly recommended and was very well trained in the various aspects of DMH outpatient mental health services. Consequently, she hit the ground running and quickly established herself as a clinician dedicated to honing her craft and promoting evidence based practices here. Dr. Chao has an interesting personal story. She came to the U.S. by herself from Taiwan at age 20 in 2001 with very limited fluencies in reading, writing or speaking English. She had a determination to study psychology but the profession was not well recognized in her native Taiwan. By 2005, however, she went on to complete her BA in psychology at CSULB. During her enrollment at CSULB she entered the Career Opportunities in Research Program funded by NIMH, where she gained valuable experience conducting research and evaluating data. She attended CSPP-Los Angeles and completed her Doctorate with an emphasis in multi-cultural community psychology in January 2011. During that time she completed externship training at Coastline Community College's Acquired Brain Injury Program, where she gained valuable knowledge and skills in assessment and cognitive rehabilitation. Her understanding of neuropsychological function and rehabilitation has been extremely valuable when we must adapt EBPs for those consumers with cognitive or other barriers to their recovery.

Since her arrival at this agency, Dr. Chao has been a clinical leader and mentor to fellow clinicians and psychology externs. In her first year and a half here, she became trained and certified in a number of EBPs, including Interpersonal Psychotherapy for Depression, Prolonged Exposure, Group Cognitive Behavior Therapy for Depression, and Seeking Safety. She completed DBT training at Harbor UCLA and a 25 hour online course in DBT Skills Group Training, which she completed on her own time. She is a member of our Dialectical Behavior Therapy team and group skills trainer, and also provides adherent CBT for a variety of clinical conditions. She's attached to two other clinical teams at this clinic, the PEI Treatment team and the Triage and Welcoming Team. On top of her existing responsibilities, over the past few months Dr. Chao dedicated herself to sitting for the EPPP. Despite ongoing challenges at times decoding idiom and especially double-negatives pervasive in the exam, I'm very happy to report she passed the exam on her first attempt.

Summary of the Contributions of this Nominee:

As a result of her strong interest in group interventions for depression, Dr. Chao volunteered to become our in-house Group CBT for Depression "champion". Using her background in data analysis, she routinely evaluates the outcome data for her practice and has participants track their own mood ratings throughout the group in order to see their progress or lack thereof, which can lead to valuable discussions around commitments and barriers to one's recovery. Also, she works tirelessly to keep her consumers engaged and accountable to one another in the group. As a role model and mentor, she involves psychology externs in all aspects of the practice, from initial orientation to data collection/analysis and service delivery. She likewise trains other clinicians in this practice which has enabled us to expand our service to serve more consumers. I've truly appreciated her willingness to extend herself to mentor my psychology externs, who have all grown appreciably under her guidance.

Dr. Chao recently completed work with a consumer with severe OCD that included making home visits to facilitate exposure work that the consumer had difficulties engaging in on her own. The consumer's contamination fears created significant relationship distress with her teenage daughter, and contributed to the consumer's severe dysphoria and despondence related to her future prospects. Dr. Chao's home visits were critical in facilitating the consumer's progress and illness management. She developed abilities to face and manage her obsessions to the extent that she achieved a newfound independence from her rituals and achieved much greater functionality. Most touching has been her ability to be more present and available for her daughter, and lately their relationship has blossomed. One other point worth mentioning here is Dr. Chao had an extern accompany her on these home visits, which provided great professional modeling bringing in-vivo services to the consumer.

What professional and personal qualities stand out most about the nominee?

Dr. Chao is a very humble individual who I'm sure will writhe in agony at the public nature of this nomination. She is very warm, resilient, and has developed a great

balance of toughness and caring. She approaches all elements of her position as a staff psychologist with the same degree of professionalism, whether it's providing direct clinical services or engaging in case management activities. To be truly effective as a community mental health psychologist, it's important to gain mastery over all elements of the position beyond traditional psychologist roles. In addition to her clinical acumen, Dr. Chao has excelled in providing and promoting excellent case management services, which I believe has been so incredibly valuable for the clinical psychology externs to witness.

Rising Star Award Nominee: Matthew Jorgensen, Ph.D.

Current Position, Program, Dept.: Clinical Psychologist II, Juvenile Justice Mental Health Programs, Central Juvenile Hall

Nomination Submitted By: Mary Romero, LCSW, Mental Health Clinical Program Head

Phone Number : (323) 226-2321

Summary of the nominee's qualifications for the award:

Dr. Matthew Jorgensen has been a Clinical Psychologist II at Central Juvenile Hall's Mental Health Unit since July 9, 2012. He is assigned to work as part of a multidisciplinary team on the Enhanced Supervision Unit, which houses some of the most clinically challenging adolescents in the juvenile justice system. In his capacity as a treating clinician on the ESU, Dr. Jorgensen collaborates closely with a multidisciplinary team to provide stabilization for clients. He works closely with the Los Angeles County Probation Department unit staff and supervisors providing direction related to client's behaviors and maintaining a therapeutic milieu. Dr. Jorgensen also works collaboratively with staff from the Los Angeles County Office of Education and Juvenile Court Health Services on behalf of her clients.

Dr. Jorgensen is **always** the consummate professional. He is personable, respectful and professional with everyone. His knowledge, education, assessment and clinical skills are extraordinary to say the very least. Since his entrance onto the Central Juvenile Hall Mental Health Team the quality of service delivery on the Enhanced Supervision Unit has improved. This is no easy feat, given that some of the most skilled clinicians are and have been assigned to this unit. The bar for service delivery was already set very high. However, Dr. Jorgensen single handedly raised the bar to an even more advanced level of quality.

Summary of the Contributions of this Nominee:

As part of our bi-monthly clinical staff meetings, all clinical staff are required to perform case presentations. Dr. Jorgensen's first case presentation solidified to me why he is a rising star in the department as well as in the field of forensic psychology. His conceptualization of the case was so well formulated and articulated that all of his colleagues took notice. His treatment plan was clear, concise and clinically on point. The supervisors also took notice, as we had not seen a clinical presentation on this level before. It was exactly what we as management had been working with the team to achieve. Dr. Jorgensen presented with the ease of a seasoned professional well beyond his years. He earned the respect of his colleagues and supervisors immediately.

Dr. Jorgensen continues to exemplify the dedication and commitment to serving youth in the Juvenile Justice System. He brings a wealth of knowledge and experience from his many years of work with the Californian Youth Authority. His focus is **always** on what is best for the clients and what will enhance the program. As a result, Dr. Jorgensen maintains a strong therapeutic relationship with his clients. The relationship between the treatment team (psychiatrist, psychologists, clinical social workers and case managers) is exceptional and Dr. Jorgensen has proven to be a great asset to the team. He maintains a caseload of seriously mentally ill adolescents (both boys and girls) who require daily contact, due to their level of acuity (actively psychotic, delusional, suicidal ideation, attempts at self harm or aggressiveness) and enhanced level of supervision. Dr. Jorgensen manages his caseload effectively and efficiently providing intensive individual psychotherapy, crisis management, behavioral management, and collaborative treatment. He also works closely with his teammates to assist them whenever needed.

What professional and personal qualities stand out most about the nominee?

Dr. Jorgensen is a highly skilled, extremely knowledgeable Psychologist. He is well respected not only by clients and colleagues, but by supervisors and partner agency staff. The quality of his work consistently exceeds department expectation and personifies pure excellence. He is an exceptional Clinical Psychologist. One example of the quality of Dr. Jorgensen's work is with a particular adolescent male who has been in and out of the juvenile justice system for most of his life. The client is known for exhibiting a pattern of self harm behaviors in an effort to cope with the difficulties of life. Dr. Jorgensen worked very closely with the team Psychiatrist to provide treatment, support and encouragement for this young man. He was able to develop a trusting, consistent, therapeutic relationship with this client while providing Cognitive Behavioral interventions. The result is that the young man not only engaged in and actively participated in treatment, but he began to extinguish the self harming behaviors and increase his level of insight. This client has progressed more in the time Dr. Jorgensen has been working with him that we have seen in all of the time he has spent in the juvenile justice system.

What professional and personal qualities stand out most about the nominee?

I have no doubt that Dr. Matthew Jorgensen's star will continue to rise as a Clinical Psychologist with the Department of Mental Health. He embodies the skill, dedication and commitment to the field that makes him stand out among his peers.

It is with sincere pleasure that I nominate Dr. Matthew Jorgensen for the Rising Star in Clinical Psychology Award for 2013.

Rising Star Award Nominee: Stephanie Keyes, Psy.D.

Current Position, Program, Dept.: Clinical Psychologist II, Juvenile Justice Mental Health Programs, Central Juvenile Hall

Nomination Submitted By: Mary Romero, LCSW, Mental Health Clinical Program Head

Phone Number : (323) 226-2321

Summary of the nominee's qualifications for the award:

Dr. Stephanie Keyes has been a Clinical Psychologist II at Central Juvenile Hall's Mental Health Unit since June, 2009. She is assigned to work as part of a multidisciplinary team on the Boy's Special Handling Unit. This unit houses adolescents who are too acute to be placed on a regular living unit. Some are too psychiatrically compromised to even be moved to the units specified for mentally ill minors. In her capacity as a treating clinician on the Boy's Special Handling Unit, Dr. Keyes provides intensive crisis management as well as offering intensive individual psychotherapy, crisis management, behavioral management, and collaborative treatment. She is required to work closely with a multidisciplinary team with the goal of stabilization for clients. The interdisciplinary team involves Los Angeles County Probation Department unit staff/supervisors, Los Angeles County Office of Education and Juvenile Court Health Service staff. Dr. Keyes frequently consults with these staff on behavior management techniques in an effort to address the impairments, behavioral symptoms that prevent them from placement on other units.

Summary of the Contributions of this Nominee:

Dr. Keyes routinely surpasses department expectations related to quality of work performed. She maintains a caseload of detained youth that present with intense behavioral and psychiatric challenges such as acute, active psychosis, delusions, active suicidal ideation/self harm or assaultive behaviors. Many of these youth are so psychiatrically acute that they must be housed in a single cell for their own safety and the safety of other. Dr. Keyes is instrumental in working closely with Probation staff to stabilize the youth so that they can be moved to a more therapeutic treatment intense

unit. In this capacity, she has daily interaction with her colleagues including the treating psychiatrists and case managers providing consultation regarding coordination of care.

One particular example of the quality of Dr. Keyes works is a detained youth who became so acutely psychotic that he began to believe that his food and water was being poisoned. As a result, he refused to eat or drink and his aggressive/defiant behavior continued to escalate. Despite repeated attempts to psychiatrically hospitalize the youth, the hospital continued to return him to Central Juvenile Hall believing that his condition was solely a behavioral issue. The minor continued to deteriorate both psychologically as well as physically. Dr. Keyes advocated persistently while working closely with the treating Psychiatrist, minor, parents, Program Head, Probation staff, court and the minor's attorney. Ultimately we were able to get the young man hospitalized for enough time to stabilize him medically and psychiatrically. Dr. Keyes and the treating Psychiatrist even made a special trip to the hospital to visit the youth and work with hospital staff to assist in stabilizing him. As a result, they were able to not only alleviate psychotic symptoms and regain food and liquid intake, but he returned to Central Juvenile Hall and was able to transfer into the Enhanced Supervision Unit where he could continue improvement.

What professional and personal qualities stand out most about the nominee?

This is just one example of Dr. Keyes' skill and dedication toward her role as a Clinical Psychologist in our mental health unit. She has proven herself to be a rising star not only for our program but for the department.

It is with sincere pleasure that I nominate Dr. Stephanie Keyes for the Rising Star in Clinical Psychology Award for 2013.

Rising Star Award Nominee: Christine Sie, Psy.D.

Current Position, Program, Dept.: Clinical Psychologist II, Juvenile Justice Mental Health Programs, Central Juvenile Hall

Nomination Submitted By: Mary Romero, LCSW, Mental Health Clinical Program Head

Phone Number : (323) 226-2321

Summary of the nominee's qualifications for the award:

Dr. Christine Sie has been a Clinical Psychologist II at Central Juvenile Hall's Mental Health Unit since February 2009. She is assigned to work as part of a multidisciplinary team on the Enhanced Supervision Unit, which houses some of the most clinically challenging adolescents in the juvenile justice system. In her capacity as a treating clinician on the ESU, Dr. Sie collaborates closely with a multidisciplinary team to provide stabilization for clients. She works closely with the Los Angeles County Probation

Department unit staff and supervisors providing direction related to client's behaviors and maintaining a therapeutic milieu. Dr. Sie also works collaboratively with staff from the Los Angeles County Office of Education and Juvenile Court Health Services on behalf of her clients.

Dr. Sie routinely surpasses department expectations related to the amount and quality of work performed. She maintains a caseload of detained seriously mentally ill adolescents (both boys and girls) who require daily contact, due to their level of acuity (actively psychotic, delusional, suicidal ideation, attempts at self-harm or aggressiveness) and enhanced level of supervision. Dr. Sie manages her caseload effectively and efficiently providing intensive individual psychotherapy, crisis management, behavioral management, and collaborative treatment. In addition to an intense case load, Dr. Sie attends multidisciplinary team meetings such as Individualized Educational Program (IEP), Individual Behavioral Management Program (IBMP), Multi-disciplinary Assessment (MDA), Individualized Habilitative Treatment Planning (IHTP), and weekly unit meetings. She is the epitome of a team player. I have personally witnessed her work selflessly on behalf of her clients as well as on behalf of her treatment team.

Dr. Sie never hesitates to pitch in and cover for her colleagues when the need arises. She frequently volunteers to take on additional work for the benefit of the team, ultimately benefiting the program.

Summary of the Contributions of this Nominee:

Dr. Sie is a highly skilled, dedicated Psychologist. She is well respected by clients, staff, supervisors and partner agencies. The quality of the work that she performs consistently exceeds department expectation and personifies excellence as a Clinical Psychologist. For example, Dr. Sie is routinely assigned a number of clinically complicated clients, often, the most mentally ill adolescents in the facility. One minor in particular was one of the most traumatized youth we have ever served at Central Juvenile Hall. The client was mentally ill, developmentally disabled and a recent victim of Commercial Sexual Exploitation where she experienced torture at the hands of a number of perpetrators. The client was so severely traumatized that she was placed on an enhanced supervision level with a one to one Probation staff responsible for watching her 24 hours per day. Dr. Sie worked very closely with the team Psychiatrist to provide treatment, support and encouragement for this young girl. She provided concrete, clinically appropriate treatment in such an effective manner that the client was able to stabilize without the need for further psychiatric hospitalization. Dr. Sie demonstrated the patience, compassion and clinical skill of a seasoned Psychologist. She was able to develop a level of rapport with this client that was remarkable given the extent of her trauma. As a result of Dr. Sie's interventions, the client was able to successfully transition from Central Juvenile Hall to an out of state placement. This is just once example of the quality of Dr. Christine Sie's work.

What professional and personal qualities stand out most about the nominee?

Despite her education, clinical expertise and immense dedication to her profession, Dr. Sie remains one of the most humble, kind young women I have had the pleasure of working with. Sometimes I don't think she even realizes just how exceptional her skills are. However, those of us who have the pleasure of working with her know what a loving, honest, funny and genuine colleague she is. She exemplifies all of the qualities of a professional who is destined for great things.

It is with sincere pleasure that I nominate Dr. Christine Sie for the Rising Star in Clinical Psychology Award for 2013.

Rising Star Award Nominee: Francisco Tan, Ph.D.

Nominee's Current Position, Program, & Dept.: EOB PMRT SA #5

Nomination Submitted by: Richard Oelberger PhD

Your Phone Number: 3104823362

Summary of the nominee's qualifications for the award:

Dr. Tan has worked for two years on high risk cases in the Emergency Outreach Bureau, handling many of the most challenging cases involving DCFS children.

Summary of the Contributions of this Nominee:

Dr. Tan works tirelessly and empathetically to offer trainings, respond to all county areas And on weekends and late into the evenings. Dr. Tan has developed meaningful relationships With partner agencies and maintains and builds upon relationships with county departments for linkage and referral.

What professional and personal qualities stand out most about the nominee?

Dr. Tan is a leader in the office, being the first to organize and triage calls. Dr. Tan actively engages and trains supervisees and staff from DCFS, homeless agencies, community members, and emergency rooms on a daily basis. Dr. Tan completes crisis assessments, sci for school violence, performs evaluations for dual diagnosis and psychosocial treatment and administers referrals for immediate Care. Dr. Tan is courteous in following up with family

members and school officials to make sure long term safety and linkage are in place for the client.